

December 2019

Choose as many statements as are correct per question. Some questions may have more than one correct answer – select all that are applicable.

The crisis within the South African (SA) healthcare system: A multifactorial disorder

1. It will be difficult to fix the crisis within the SA healthcare system because of the multitude of factors that affect it.
Which of the following statements (*i - iii*) is correct? (choose one of a - d):
- (i) Simply fix the financial mismanagement and all other challenges will resolve as a result
- (ii) Factors affecting the crisis are interconnected, so resolving one factor could reduce the negative impact of another
- (iii) It is best to address the factors concurrently to reduce their synergistic effects
- a) *i* and *ii* are correct.
b) *ii* and *iii* are correct.
c) All are correct.
d) None are correct.

2. Many patients complain of the long waiting times at SA healthcare facilities (choose as many as are applicable):
- a) The long waiting times are problematic because they likely harm the SA economy.
b) One of the confirmed reasons for the long waiting times is that undocumented migrants are flooding the system.
c) It is against the Constitution of the Republic of SA to allow patients to wait for lengthy amounts of time before seeing a healthcare practitioner.
d) Patients waiting in crowded rooms together could have a negative impact on their health.

Core aspects of ubuntu: A systematic review

3. Which of the following is not true of *ubuntu* philosophy? (One answer is correct).
- a) It essentially promotes individualism.
b) It is an African moral system that has been influential across a wide geographical area south of the Sahara.
c) It is an essentially relational ethics, which prizes relationships of interdependence, fellowship, reconciliation, relationality, community friendliness, harmonious relationships, and other-regarding actions.

- d) It defines right actions as right to the extent that they honour the capacity to relate communally, reduce discord or promote friendly relationships with others.
e) It concerns what it means to be truly human; what it means to be a person. Specifically, a person is a person through other persons: '*umuntu ngumuntu ngabantu*.'

The role of research ethics committees in SA when human biological materials are transferred between institutions

4. There are several factors that must be considered by research ethics committees, where the transfer of human biological materials is concerned (choose as many as are applicable):
- a) Material Transfer Agreements play a critical role in the transfer of human biological materials across borders.
b) Research ethics committee approval is not required when human biological materials are transferred between institutions.
c) The national material transfer agreement makes research ethics committees a signatory to the agreement.
d) The call for research ethics committees to play a more active role where cross-border transfer of human biological materials are concerned is a new phenomenon.
5. In terms of the current law, a patient with capacity to consent can refuse treatment or request the withdrawal of treatment. (True/false)

Ethical issues around access to over-the-counter medicines in SA

6. Regarding the health market inquiry (HMI) (choose as many as are applicable):
- a) The HMI was an initiative to investigate the cost drivers in the private sector.
b) The HMI was an initiative to investigate the cost drivers in the public sector.
c) The investigation revealed that there was rampant escalation in costs in the private sector.
d) The investigation revealed that there was rampant escalation in costs in the public sector.

A maximum of 3 CEUs will be awarded per correctly completed test.

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Using section 27 to open up the accessibility of smoking cessation health services in SA

7. In SA, smoking cessation services consist of the following (choose as many as are applicable):

- a) Free nicotine replacement therapy (NRT)
- b) Government subsidised pharmacotherapy
- c) Quitline services
- d) Over-the-counter NRT.

8. Smoking cessation is an important and effective intervention for people living with HIV and TB. (True/false)

Criteria for assessing the suitability of intended surrogate mothers in South Africa: Reflections on Ex Parte KAF II

9. The following should be taken into consideration in assessing whether the intended surrogate mother is emotionally well-resourced (One answer is correct):

- a) The surrogate mother must demonstrate that she is a fully emotionally self-reliant person

b) The surrogate mother must be emotionally self-reliant and must always have a supportive family

c) The surrogate mother must not rely on a partner or spouse, family, work colleagues and/or friends for emotional support.

d) It is necessary to analyse whether surrounding relationships are conducive for the surrogate mother's compliance with the surrogacy agreement.

10. Which of these statements is correct? (One answer is correct)

a) The court included altruistic motivation in its list of general criteria for assessing the suitability of a surrogate mother.

b) The intended surrogate mother must understand the risks of selective reduction.

c) The parties involved do not have to be in agreement on whether selective reduction will be used or not.

d) A surrogate mother need not demonstrate that she is emotionally available for her child or children.

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